The derivation follows [VW84a] closely which references [VW84b] for the positivity of the fermion determinant. The conventions for QCD in Minkowski space follow [Wei95]. We proceed by the following strategy: Let \mathcal{L} be the Lagrangian density of the theory under consideration, X is a hermitian, parity-odd operator (below we will take it to be

 $\epsilon_{\mu\nu\rho\sigma}F^{\mu\nu}F^{\rho\sigma}$. We consider the theories described by the Lagrangians $\mathcal{L}_{\lambda} = \mathcal{L} + \lambda X$ with λ a real parameter. We have for the ground state energy

$$E_0(\lambda) = E_0(0) + \lambda \int d^3x \langle X \rangle + \mathcal{O}(\lambda^2)$$

where $\langle X \rangle$ denotes a vacuum expectation value of X in the theory with $\lambda = 0$. If $\langle X \rangle$ is nonzero, then there are at least two vacua related by parity, one with vacuum expectation value $\langle X \rangle$, one with vacuum expectation value $-\langle X \rangle$. Therefore there is a vacuum state with $E_0(\lambda) < E_0(0)$ regardless of the sign of λ if $\langle X \rangle \neq 0$. We will show below that $E_0(\lambda \neq 0) > E_0(0)$ which implies by the argument above that X does not acquire a vacuum expectation value in the original theory with $\lambda = 0$.

We fix conventions as follows: we consider the QCD Lagrangian

$$\mathcal{L} = \frac{-1}{4} \operatorname{Tr} F_{\mu\nu} F^{\mu\nu} - \bar{\psi} (\not{D} + M) \psi + \lambda F_{\mu\nu} \tilde{F}^{\mu\nu}, \qquad \not{D} = \gamma^{\mu} \partial_{\mu} + igA_{\mu}$$

with positive definite mass matrix M. Furthermore we have the metric $\eta^{\mu\nu} = \text{diag}(-1, +1, +1, +1)$, the gamma matrices satisfy $\gamma_0^{\dagger} = -\gamma_0$, $\gamma_k^{\dagger} = \gamma_k$, we fix $i\gamma^0 = \gamma^4 = \gamma_4$. From the effective action we have

$$e^{-iTV_3E_0} = \int \mathcal{D}\phi e^{iS[\phi]}$$

where $T \cdot V_3$ is the spacetime volume, ϕ is used to denote all the fields of the theory and $S[\phi] = \int d^4x \mathcal{L}(\phi)$ denotes the action.

We take T to mean $(\Delta x)^0$, therefore we do the analytic continuation onto the negative imaginary x^0 -axis:

$$x^{0} = -ix^{4} = -ix_{4}$$

$$x_{0} = ix_{4} = ix^{4}$$

$$d^{4}x = dx^{0}d^{3}\mathbf{x} = -id^{4}x_{E}$$

$$\partial^{0} = -i\partial^{4} = -i\partial_{4}$$

$$A^{0} = -iA^{4} = -iA_{4}$$

in the analytic continuation of the Lagrangian we have

$$F_{\mu\nu}F^{\mu\nu} \to F^E_{\mu\nu}F^E_{\mu\nu}$$

because $F_{0k}F^{0k} \rightarrow (iF_{4k}^E)(-iF_{4k}^E)$. For the fermion part we have

$$\bar{\psi}(\gamma^{\mu}D_{\mu}+M)\psi \to \bar{\psi}(\gamma_{\mu}D_{\mu}+M)\psi$$

because $\gamma^0 D_0 = (-i\gamma^4)(iD_4)$, $\bar{\psi}$ denotes $\psi^{\dagger}i\gamma^0 = \psi^{\dagger}\gamma^4$ throughout. For the parity-odd term we have

$$F_{\mu\nu}\tilde{F}^{\mu\nu} \to \pm iF^E_{\mu\nu}\tilde{F}^E_{\mu\nu}$$

because the sum $\epsilon^{\mu\nu\rho\sigma}F_{\mu\nu}F_{\rho\sigma}$ contains exactly one term with an index 0 which gets multiplied with *i*. The sign depends on the convention adopted for ϵ_{1234} , it is irrelevant for our purposes.

Put together the analytic continuation of the ground state formula is

$$e^{-V_4 E_0} = \int \mathcal{D}A_{\mu} \mathcal{D}\psi \mathcal{D}\bar{\psi} \exp\left\{\int \left(\frac{-1}{4} \operatorname{Tr} F_{\mu\nu}^E F_{\mu\nu}^E - \bar{\psi}(D_{\mu}\gamma_{\mu} + M)\psi + i\lambda F_{\mu\nu}^E \tilde{F}_{\mu\nu}^E\right) \mathrm{d}^4 x_E\right\}.$$

where V_4 denotes the volume of Euclidean space. We can integrate out the fermions according to

$$\int \mathcal{D}\psi \mathcal{D}\bar{\psi} \exp\left(-\int \mathrm{d}^4 x_E \bar{\psi} B\psi\right) = \int \mathcal{D}\psi \mathcal{D}\bar{\psi} \exp\left(-i\int \mathrm{d}^4 x \bar{\psi} B\psi\right) = \det B$$

giving us

$$e^{-V_4 E_0} = \int \mathcal{D}A_\mu \det \left(D_\mu \gamma_\mu + M \right) \exp \left\{ \int \left(\frac{-1}{4} \operatorname{Tr} F^E_{\mu\nu} F^E_{\mu\nu} + i\lambda F^E_{\mu\nu} \tilde{F}^E_{\mu\nu} \right) \mathrm{d}^4 x_E \right\}.$$

Because of $\gamma_k^{\dagger} = \gamma_k$, $\not{D}^{\dagger} = -\not{D}$, therefore $i\not{D}$ is a self-adjoint operator. Because QCD is a vector-like theory which does not distinguish between left-handed and right-handed particles, the eigenvalues of $i\not{D}$ are paired in the following way:

$$i D \psi = \alpha \psi \Rightarrow i D (\gamma_5 \psi) = -i \gamma_5 D \psi = -\alpha (\gamma_5 \psi)$$

with α a real number. Therefore we have

$$\det(\not\!\!D + M) = \prod_{\alpha} (M - i\alpha) = \prod_{\alpha > 0} (M + i\alpha)(M - i\alpha)$$

where we have omitted zero eigenvalues of D which contribute factors of M which we have assumed to be positive definite. Therefore $\det(D_{\mu}\gamma_{\mu} + M)$ is a positive function of the gauge field A.

From this we see that since $F^E_{\mu\nu}\tilde{F}^E_{\mu\nu} \ge 0$, a value $\lambda \ne 0$ does only add a phase to the exponential which can only make the integral over the field configurations smaller.

$$e^{-V_4 E_0^{\lambda=0}} > e^{-V_4 E_0^{\lambda\neq 0}}$$

from which we conclude that $F_{\mu\nu}\tilde{F}_{\mu\nu}$ cannot get a vacuum expectation value. Therefore if, as in the axion theory, the coefficient λ is effectively dynamical, QCD will choose a vacuum with $\lambda = 0$.

The same reasoning applies to any parity-odd term, any parity-odd term will involve an odd power of terms which involve exactly one F_{0i} and which do therefore give rise to phases when continued to euclidean space.

References

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